Co-funded by
the European Union

ITOSA

Innovative Techniques of Seniors Activation

Press release 6

Grant agreement	2022-11-PL01-KA220-ADU-51E81A7D
Programme	Erasmus+
Action	KA220- ADU -Cooperation partnerships in adult education
Project acronym	ITOSA
Project title	Innovative Techniques of Seniors Activation
Project starting date	01/11/2022
Project duration	36 months
Project end date	30/10/2025
Project website	www.itosa.eu

Consortium:

Fundacja Mapa Pasji

FUNDACJA ROZWOJU PRZEZ CAŁE ŻYCIE

CDER centar za društveno ekonomski razvoj

INŠTITUT ANTONA TRSTENJAKA ZA GERONTOLOGIJO IN MEDGENERACIJSKO SOŽITJE
ANTON TRSTENJAK INSTITUTE FOR GERONTOLOGY AND INTERGENERATIONAL RELATIONS

INTERART

Emphasys CENTRE

ISRAA Istituto per Servizi di Ricovero e Assistenza agli Anziani

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union

Press release 6

Training for educators and transnational project meeting

Dates: 2 and 3 April 2025 training and 4 April TPM

Venue: Ljubljana, Slovenia

ITOSA partners met again in person in April 2025, at Anton Trstenjak Institute in Ljubljana.

First two days, 2 and 3 April were dedicated to the "In-group social learning" method, which had been successfully used by the institute for the last two decades. Over 500 conversational groups have weekly or monthly meetings and using this method of group work. The second initiative that was presented was "swap events" – locally organized gatherings where participants exchange various objects - plants, clothes, toys etc. In Slovenia, zelemenjava (crop and plants swap) has been especially flourishing.

On 4 of April partners had their regular transnational project meeting, with intensive agenda, including presentations and discussions about e-learning platform, online toolkit, dissemination activities, quality and project management etc. Some partners have already started with pilot testing of other partners' methods and other will start soon.

ITOSA partners also agreed on the next steps to be taken and tasks to be accomplished by the end of the project (October 2025).

This meeting is Ljubljana was also an opportunity to test one of the methods introduced in our training in Krakow – treasure hunt. For this occasion, IAT, with a help of artificial intelligence, translated the leaflet with instructions and riddles for the "green tour of Ljubljana". It was an innovative way for the partners to get to know eco-friendly initiatives in Ljubljana and at the same time to visit some tourist sights.

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union