Co-funded by
the European Union

ITOSA

Innovative Techniques of Seniors Activation

Press release

Grant agreement	2022-11-PL01-KA220-ADU-51E81A7D
Programme	Erasmus+
Action	KA220- ADU -Cooperation partnerships in adult education
Project acronym	ITOSA
Project title	Innovative Techniques of Seniors Activation
Project starting date	01/11/2022
Project duration	36 months
Project end date	30/10/2025
Project website	www.itosa.eu

Consortium:

Fundacja Mapa Pasji

FUNDACJA ROZWOJU PRZEZ CAŁE ŻYCIE

CDER centar za društveno ekonomski razvoj

INŠTITUT ANTONA TRSTENJAKA ZA GERONTOLOGIJO IN MEDGENERACIJSKO SOŽITJE
ANTON TRSTENJAK INSTITUTE FOR GERONTOLOGY AND INTERGENERATIONAL RELATIONS

INTERART

Emphasys CENTRE

ISRAA Istituto per Servizi di Ricovero e Assistenza agli Anziani

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union

Press release 5

Training for educators and Transnational Partners Meeting

Date: 9-11 October 2024

Location: Kraków, Poland

Partners of the ITOSA project (Innovative Techniques of Seniors Activation) met in Kraków, Poland, for a training hosted by Fundacja Mapa Pasji (The Map of Passion Foundation). The meeting focused on learning a creative educational method called questing.

The workshops took place in Las Wolski, a beautiful forest located within the city, and at the Symbioza Ecological Education Centre. Surrounded by nature, participants explored how questing can be used in their work with older adults to make learning more active, enjoyable, and meaningful.

Questing is a kind of outdoor educational game that combines movement, discovery, and fun. By following rhymed clues and solving small riddles, participants explore a route that reveals the natural and cultural treasures of the area.

During the training, the group designed a new route called "The Green Treasure of Kraków", which takes visitors through the forest's most beautiful spots and highlights its ecological value. The quest is available in both Polish and English on the national website Questy – Wyprawy Odkrywców www.questy.org.pl.

The event helped all partners see how questing can support education and social activity among seniors. It also showed that outdoor learning can connect people from different countries and generations in a creative and inspiring way.

The ITOSA project is co-financed by the Erasmus+ Programme of the European Union.

www: https://itosa.eu/

FB: https://www.facebook.com/ITOSAproject

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the European Union