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ITOSA

Innovative Techniques of Seniors Activation

Press release –

Last TPM and final event of the ITOSA project

Grant agreement	2022-11-PL01-KA220-ADU-51E81A7D
Programme	Erasmus+
Action	KA220- ADU -Cooperation partnerships in adult education
Project acronym	ITOSA
Project title	Innovative Techniques of Seniors Activation
Project starting date	01/11/2022
Project duration	36 months
Project end date	30/10/2025
Project website	www.itosa.eu

Consortium:

Fundacja Mapa Pasji

FUNDACJA ROZWOJU PRZEZ CAŁE ŻYCIE

CDER centar za društveno ekonomski razvoj

INŠTITUT ANTONA TRSTENJAKA ZA GERONTOLOGIJO IN MEDGENERACIJSKO SOŽITJE
ANTON TRSTENJAK INSTITUTE FOR GERONTOLOGY AND INTERGENERATIONAL RELATIONS

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Emphasys CENTRE

ISRAA Istituto per Servizi di Ricovero e Assistenza agli Anziani

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7th Transnational Project Meeting and Final Event of the ITOSA project

23-24 September 2025

Treviso, Italy

From 23 to 24 September 2025, ISRAA organised and hosted the final Transnational Project Meeting (TPM) and closing event of the ITOSA project in Treviso, Italy.

The one-day TPM took place on 23 September and focused on addressing the remaining open points related to the project's work packages, as well as coordinating the logistics and content of the final event.

During the first part of the meeting, the consortium—led by Anna Jarzębska from the Mapa Pasji Foundation—reviewed the final task list prepared by the project coordinator to ensure the completion of all outstanding activities. Piotr Stanisławski, representing Continuum, provided an update on the current status of the ITOSA e-learning course and the online toolkit. Partners had the opportunity to share initial feedback received on these key project outputs and discuss the final refinements necessary for their completion.

Subsequently, Panayiota Sofokleous from Emphasys addressed the pending items concerning communication and dissemination, including the forthcoming multiplier events, the final newsletter, the closing webinar, press releases, and social media content.

Anna Jarzębska then outlined the final requirements and responsibilities related to project management. In this session, Francesca Masiero and Sara Ceron from ISRAA presented the remaining activities concerning evaluation and sustainability. This facilitated a joint reflection among the partners on the quality of the project outputs, the objectives achieved, and the long-term sustainability of results within each partner organisation.

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In the second part of the day, partners coordinated the organisation of the final event in Treviso, reviewing their planned presentations and contributions.

As a matter of fact, on 24 September, ISRAA organized and hosted the final event of ITOSA – "Active seniors, lively communities" in Treviso. The event was a special opportunity to share the project's achievements and the experiences it generated with local stakeholders, citizens, and international guests.

After the institutional welcome by ISRAA's General Director, Mr. Giorgio Pavan — who highlighted the importance of education and inspiration in supporting active ageing — Anna Jarzębska from Mapa Pasji, ITOSA project coordinator, provided an overview of the project's goals, activities, and outcomes.

The event continued with a presentation on the training content developed for senior educators, international training workshops, and the e-learning course, delivered by Francesca Masiero (ISRAA) and Piotr Stanisławski (Continuum). Following this, two panel sessions gave the floor to the true protagonists of the project: educators and seniors who took part in international activities, sharing their insights, experiences, and impressions.

The program also featured a presentation of the ITOSA Handbook of Good Practices, introduced by Alenka Ogrin (IAT), as well as a contribution by Doctor Tiziana Menegon from the Department of Prevention and Health Promotion of AULSS2, focused on local initiatives for active ageing.

The event concluded with a symbolic and emotional performance by the Unipop choir, directed by Rosanna Trolese, singing Bella Ciao — joined by one of the seniors who participated in the ITOSA workshop in Ljubljana and is also an active member of the choir.

To learn more, please visit our website https://itosa.eu/ and don't forget to follow our Facebook page https://www.facebook.com/ITOSAproject/ .

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